

How to Take a Shower during Basic Training

Learn how to take a shower during basic training in this US army basic training with Sergeant Michael Volkin.

"An often undiscussed fear of recruits going to basic training are the showers. You're gonna have to take group showers, and will most likely be timed by your drill sergeant too. And no, no one cares what you look like naked.

Honestly folks, this is a touchy subject for many of you. And if you're really worried about it simply go to the gym or the YMCA and take some showers there to get used to showering with others. Another option would be to commit a felony, get thrown in prison, and learn to take a shower with other prisoners. But I guarantee you you will get much more attention in prison showers than in a military shower. Don't drop your soap though.

But I will tell you from experience, from someone who has been through basic training and talked to hundreds of recruits, no one cares what you look like naked. In fact, recruits won't even notice. They're given a few minutes to take a shower. They have to soap up, get dried off, and get dressed in such a short amount of time no one's even gonna notice what you look like anyway.

Some recruits try to skip the shower and use a wet washcloth to clean their body. Believe me, this will only attract attention from your drill sergeant and from other recruits because you'll smell a lot. Think of it on the bright side. Taking group showers saves water which is great for the environment. Oh, a penny.

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